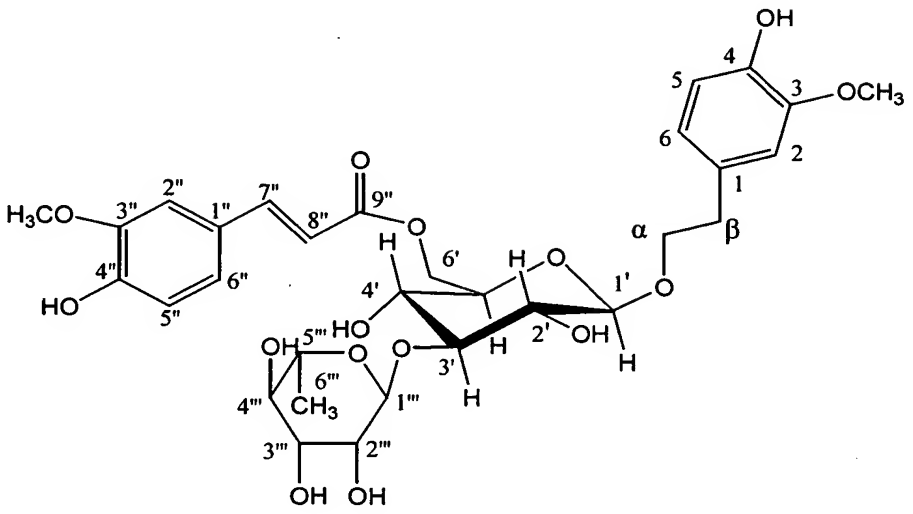
What is claimed:

1. A compound, named epimeredinoside A with the following formula I.



I

2. A pharmaceutics from *Epimeredi indica* root extract, wherein the pharmaceutics related to any oral pharmaceutics, which is composed of extracts from *Epimeredi indica* root and all kinds of pharmaceutical adjuvant; this extract is obtained from extracts of *Epimeredi indica* root after being extracted by water and concentrated by distillation; the contents of epimeredinoside A in this extract have the range from 0.10 to 1.50% according to claim 1.

3. Pharmaceutics from *Epimeredi indica* root extract according to claim 2, wherein the oral pharmaceutics mentioned are represented by any kinds of oral forms widely used in medical area including hard capsule, soft capsule, granule, tablet, oral liquid and so on.

4. A preparation method of the *Epimeredi indica* root extract according to claim2, wherein the preparation procedures of the *Epimeredi indica* root extract are as following:

1) powdering the roots of the *Epimeredi indica*, then add 10 times amount of water to extract for two times,1~2 hours per time. After filtration, it was concentrated as extracta sicca to a density of 1.01 to 1.08(25~30℃), then dried by spray or vacuum. The contents of epimeredinoside A in this extract are 0.10 to 1.50% by HPLC determination;

2) mix extracts and adjuvants well in proportion to prepare various pharmaceutics conventionally by wet or dry granulation.

5. Preparation method of the *Epimeredi indica* root extract according claim 4, where the content determination method of Epimeredinoside A in extracts of *Epimeredi indica* root in the

present invention comprises the following steps of:

1) Apparatus and Materials:

Apparatus : Agilent 1100 HPLC system

Standard: epimeredinoside A

Chemical reagents: methanol, acetonitrile, distilled water and other reagents were HPLC grade

Sample: Extracts of *Epimeredi indica* root (Shanghai Yaogang Biotechnology Ltd.Co.)

2) Chromatographic conditions:

Chromatographic column: Discovery C_{18} (250mm ×4.6 mm, 5μm)

Mobile phase: acetonitrile: water= 27:73

Flow rate: 1.0ml/min Column temperature: room temperature

Detection wavelength: 320nm

Injection volume: 20μl

3) Calibration curve:

① Preparation of standard stock solutions: The standard (4.95 mg) were weighed, dissolved, and diluted with methanol in a 25 ml volumetric flask to obtain standard stock solutions for the calibration curves;

②The Calibration Curves: The stock solution 0.4, 0.8, 1.2, 1.6, 2.0 ml were weighed, dissolved, and diluted with methanol in 2 ml volumetric flask to obtain standard solutions at the concentration of 39.6 μg/ml, 79.2 μg/ml, 118.8 μg/ml, 158.4 μg/ml, 198 μg/ml respectively; a total of 20 μL of each standard solution was subject to HPLC quantitative analysis; a calibration curve was generated to confirm the linear relationship between the peak area ratio (Y axis) and the concentrations of the standard (X axis) in the test samples; the calibration curves were found to be linear and could be described by the regression equations Y=20.139 X – 154.35, with coefficience of R^2 = 0.9994; the ranges of calibration curves was 0.792 – 3.96 μg, and the retention time of epimeredinoside A was 9.55 min;

4) Sample determination

Preparation of the standard solutions: The standard was accurately weighed, dissolved, and diluted with methanol in a volumetric flask to obtain standard solutions; a total of 20 μL of standard solution was subject to HPLC quantitative analysis and the peak area was recorded;

the contents of epimeredinoside A was calculated using the calibration curves accordingly, see Fig 2;

Preparation of the sample solutions: The extracts of *Epimeredi indica* root (176.66 mg) was ccurately weighted, and extracted with by ultrasonication at room temperature for 2 times, then centrifuged; the supernatant were combined and diluted with water in a 10 ml volumetric flask. The solution was filtered through a syringe filter (0.45 μm);

the sample solutions were subjected to HPLC analysis as described above; the content of epimeredinoside A in samples were calculated according to the calibration curves; formula for calculation is as follows:

Y=20.139X-154.35

Y : value of peak area

X: value of sample concentration (μg/ml)

the contents of epimeredinoside A in sample is demonstrated as X*10/*amount of sample*100%.